WIN Network: Detroit
Community Newsletter

In this newsletter, you'll find updates on WIN Network families and babies, events, and how our work is improving the health of our community. Thank you for supporting our work to reduce infant mortality amongst our Detroit babies.

Visit our website!

New Video! What is Group Prenatal Care?

What is group prenatal care? Watch our new video featuring WIN Network moms, Certified Nurse Midwife Char'ly Snow, and Community Health Worker Nada Dickinson, and they will tell you everything you need to know about group prenatal care and how it can help you have a healthy, empowered pregnancy.

Watch the video!

What is group prenatal care?

Keisha
WIN Network Group Prenatal Care Mom

CHW Spotlight: Nada Dickinson

"Pregnancy is a very emotional time."

"Mom needs someone to help her navigate those emotions, so she can focus on her health and her baby."
Nada, Community Health Worker

Nada Dickinson is a Community Health Worker (CHW) with WIN Network: Detroit, a lifelong Detroiter, a mother, and a passionate advocate for women's empowerment. As a Community Health Worker, Nada helps women who are pregnant navigate their emotional, physical, and social needs. She guides women to the resources they need for themselves and their growing families, and works with a Certified Nurse Midwife to ensure her patients are prepared for birth and baby.

How long have you been a CHW?
Nada: I have been a CHW for 6 years. I learned about a CHW role during a training facilitated by Dr. Rowland from the Detroit Health Department. After the training, I fell in love with this work. I knew I could contribute to the change that is needed in our communities.

What is your favorite memory as a CHW?
Nada: My favorite memory was assisting a woman that was in a shelter. I connected her to a resource through Housing and Urban Development that paid her rent in an apartment for 3 years.

Read the rest of Nada's interview here!

August is National Breastfeeding Month!

respect your breastfeeding mama

Celebrate National Breastfeeding Month with Black Breastfeeding Week, August 25th-31st. Black Breastfeeding Week was created because for over 40 years there has been a gaping racial disparity in breastfeeding rates. The most recent CDC data show that 75% of white women have ever breastfed versus 58.9% of black women.

In this photo, our WIN Network group prenatal care mom Ja-Brina breastfeeds her daughter Kennady at a group prenatal care reunion. Share this photo on Facebook.

Our group prenatal care mothers have a breastfeeding initiation rate of 92%! We are so proud of our GPC moms and their commitment to breastfeeding.

Learn more about Black Breastfeeding Week.

Join the Club! NEW Women of WIN Network Facebook group

Have you been involved with WIN Network: Detroit, want to stay in touch with us, or just want to join a great community of amazing Detroit women? Request to join our new Facebook group: *Women of WIN Network Detroit.* This group is a place to connect with WIN Network, stay in touch with Community Health Workers, share stories and photos, ask questions, and get Detroit resources!

Join now!

Add WIN Network: Detroit Community Health Workers on Facebook!

Stay in touch with our Community Health Workers, Linda, Nada, and Felicia, by friending them on Facebook! We love to keep our moms and families connected, and we'd love to be your friend!

Add Linda on Facebook
Add Nada on Facebook
Add Felicia on Facebook

Group Prenatal Care: By The Numbers

112 babies have been born in WIN Network's group prenatal care program.

6.91 lbs is the babies' average birthweight.

38.4 weeks is the average gestational age.

92% of moms initiated breastfeeding.

Add WIN Network: Detroit Community Health Workers on Facebook!

Do you have a question on anything related to pregnancy, parenting, women's health, family planning, community resources, and more? Use our Ask Winnie feature on WINnetworkDetroit.org!

Click here to Ask Winnie your question and read the questions she has already answered!

Read Winnie's answers:

Where can I find free events for my kids and family in Detroit?

What is group prenatal care?

How long are you supposed to wait in between having babies?

Is a Pap Smear an STI test?

WIN Network families enjoy a night at the ballpark thanks to Comerica Bank and the CATCH Foundation

Comerica Bank graciously donated a night in their Comerica Park suite to some #DetroitWINNER families, with support from The CATCH Charity for Children foundation donors! Community Health Worker Linda Reyes and our WIN Network families had a great time with great company watching the Tigers game. Thanks, Comerica Bank and CATCH donors!

Detroit Regional Infant Mortality Reduction Task Force to celebrate 10 years with a Summit

The Detroit Regional Infant Mortality Reduction Task Force celebrates 10 years since its founding this year with the 10th Anniversary Summit on September 5th. The Summit will feature Keynote Speaker Dr. Cheryl Gibson Fountain, Immediate Past President of the Michigan State Medical Society. We will also hear from Wright Lassiter III, President and CEO of Henry Ford Health System, and many other regional leaders in maternal and child health. This all-day Summit will be an opportunity for reflection and strategic planning for the next decade of Task Force work.

For more information on the 10th Anniversary Summit, please contact Jaye Clement at (313) 874-4278.

On the Blog

May 2018 Newsletter, May 2018

Women's History Month: The Women That Inspire Us, March 2018

WIN Network featured in Henry Ford Health System's Patient Engaged Research Center Newsletter, February 2018

Our midwives hold your baby like their own.
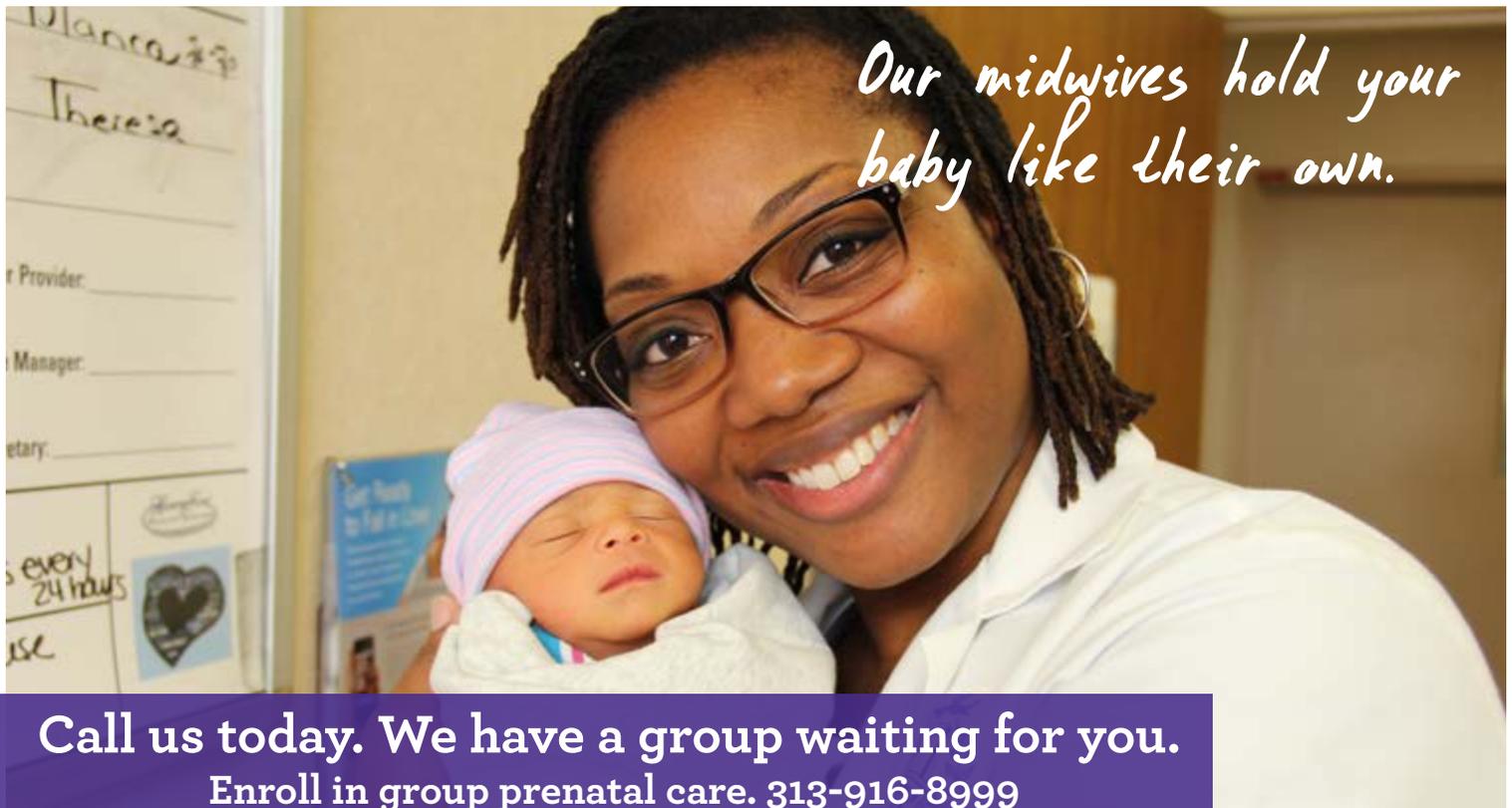
Call us today. We have a group waiting for you.
Enroll in group prenatal care. 313-916-8999

Stay connected with us on social media!

WIN Network Detroit

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