



Questions about Pregnancy and Coronavirus Disease 2019

People who are pregnant or are thinking about becoming pregnant might have questions about Coronavirus Disease 2019 (COVID-19). Many questions about pregnancy and COVID-19 don't yet have answers because there have not been enough cases to study.

What is COVID-19?

Coronaviruses are a type of virus. A new type of this virus has caused an outbreak of Coronavirus Disease 2019 (COVID-19). COVID-19 is a pandemic, meaning the disease has spread across many countries.

What are the main symptoms of COVID-19?

- Fever
- Cough
- Shortness of breath

Q: Are pregnant people more likely to get COVID-19?

A: We don't know yet if pregnant people are more likely to get sick from COVID-19.

Q: Will COVID-19 make pregnant people sicker than other people?

A: We don't know yet. Pregnancy can make the body more likely to get an infection. We do know that COVID-19 is from the same family as the flu. Pregnant people are more likely to be sicker from the flu than other people.

Q: How can pregnant people protect themselves from COVID-19?

A: Take these steps to prevent COVID-19:

- Cough into your elbow or a tissue
- Stay away from sick people
- Wash your hands often with soap and water for 20 seconds
- Clean your hands with alcohol-based hand sanitizer

Q: Can COVID-19 cause problems for a pregnancy?

A: We don't know yet.

Q: Can COVID-19 be passed from a pregnant person to their baby?

A: We don't know yet. So far, this has not happened.

Q: Can pregnant people with COVID-19 breastfeed?

A: We don't know yet for sure. So far, the COVID-19 virus has not been found in breast milk.

Q: If a pregnant person has COVID-19, will it hurt the baby?

A: We don't know yet. A small number of people who had COVID-19 during pregnancy have had problems such as preterm birth. However, we don't know if these problems were because of COVID-19.

Q: What should I do if I think I have COVID-19?

A: If you think you have COVID-19, **stay home** and separate yourself from other people in your home. **Call your doctor's office or local health department** before going in person to get checked. A doctor can tell you what your next steps should be.