**FREE MATERNAL AND CHILD HEALTH RESOURCES IN DETROIT**

961-BABY Hotline
Connect to over 200 resources including: home visiting, women's health education, post-partum support, and more
Phone Number: (313) 961-2229

Make Your Date Detroit
Program to help your baby arrive happily and healthily at your due date
Website: www.makeyourdate.org

Maternal Infant Health Program (MIHP)
Home visitation program for medicaid eligible mothers and infants
Website: www.michigan.gov/mihp
Email: MIHP@michigan.gov
Phone Number: 1-833-644-6447

Birth Detroit + Easy Access Clinic
Birth Detroit Easy Access Clinic will offer two clinic per week, and will provide prenatal and postpartum care, childbirth education, postpartum support, resources, and referrals
Website: birthdetroit.com
Email: info@birthdetroit.com

Maternal Infant Health Program
Home visitation program for medicaid eligible mothers and infants
Website: www.michigan.gov/mihp
Email: MIHP@michigan.gov
Phone Number: 1-833-644-6447

SisterFriends
Gain access to over 100 programs in Detroit and create a circle of care
Phone Number: (313) 961-BABY

Southeast Michigan Doula Project
Doula services for low-income women and teens
Website: midoula.org

The Lennon Pregnancy Center
Pregnancy classes, ultrasounds, pregnancy tests, and continued support until child reaches age 5
Website: www.lennoncenter.org
Email: info@lennoncenter.org
Phone Number: (313) 758-6100

Tree of Hope
Several local postpartum depression, anxiety, and OCD support groups
Website: treeofhopefoundation.org
Email: info@treeofhopefoundation.org
Phone Number: (586) 372-6120

Cabrini Clinic
Primary care, prescription assistance, and mental health care available to uninsured adults in Detroit
Website: www.cabriniclinic.org
Phone Number: (313) 961-7863

WIN Network: Detroit
Group prenatal care with extra time with your Midwife, resources, and one-on-one support from a Community Health Worker
Email: info@winnetworkdetroit.org
Phone Number: (313) 874-4581

Crossroads of Michigan
Soup kitchen, social services, and employment assistance
Website: www.crossroadsofmichigan.org
Phone Number: (313) 831-2787

Women, Infants, and Children (WIC) Program
Supplemental nutrition program that provides nutrition education and counseling, nutritious foods, breastfeeding support, and referrals
Email: dhealth@detroitmi.gov
Phone Number: (313) 876-4000

Kohl's SAFE 4 Kids
Safe baby workshop
Website: www.childrensdmc.org/parents/kohl-s-safe-4-kids
Email: chmSAFETY@dmc.org

P.E.E.R.S. Breastfeeding and Doula Program
Breastfeeding and doula support
Phone Number: (313) 484-4425

Women, Infants, and Children (WIC) Program
Supplemental nutrition program that provides nutrition education and counseling, nutritious foods, breastfeeding support, and referrals
Email: dhealth@detroitmi.gov
Phone Number: (313) 876-4000

La Leche League of Michigan
Breastfeeding support and information from experienced parents
Website: www.lalecheleagueofmichigan.org

Pregnancy Aid Detroit
Pregnancy tests, limited non-diagnostic ultrasounds, abortion information, and pregnancy options
Website: pregnancyaiddetroit.org
Email: info@pregnancyaid.com
Phone Number: (313) 882-1000

SAY Detroit Family Health Clinic
Examinations, maintenance, and preventative healthcare for women and children
Website: www.saydetroit.com/clinic
Phone Number: (313) 758-6100

**FREE MATERNAL AND CHILD HEALTH RESOURCES IN DETROIT**

*The majority of these resources are available for free or reduced price. To confirm that you qualify for these services, please use the provided contact information.*

This document was created in collaboration between the University of Michigan School of Public Health and the WIN Network.
For questions, concerns, or more information, please reach out to WIN Network: Detroit using their provided contact information.