

FREE MATERNAL AND CHILD HEALTH RESOURCES IN DETROIT



*The majority of these resources are available for free or reduced price. To confirm that you qualify for these services, please use the provided contact information.

961-BABY Hotline

Connect to over 200 resources including: home visiting, women's health education, post-partum support, and more
Phone Number: (313) 961-2229

Birth Detroit + Easy Access Clinic

Birth Detroit Easy Access Clinic will offer two clinic per week, and will provide prenatal and postpartum care, childbirth education, postpartum support, resources, and referrals

Website: birthedetroit.com
Email: info@birthedetroit.com

Black Mother's Breastfeeding Association

Community-based doula program, Black Mothers' Breastfeeding Club, and Breastfeeding Helpline

Website: blackmothersbreastfeeding.org
Email: info@BMBFA.org
Phone Number: (800) 313-6141

Cabrini Clinic

Primary care, prescription assistance, and mental health care available to uninsured adults in Detroit

Website: www.cabriniclinic.org
Phone Number: (313) 961-7863

Crossroads of Michigan

Soup kitchen, social services, and employment assistance

Website: www.crossroadsofmichigan.org
Phone Number: (313) 831-2787

Kohl's SAFE 4 Kids

Safe baby workshop

Website: www.childrensdmc.org/parents/kohl-s-safe-4-kids
Email: chmSAFETY@dmc.org

La Leche League of Michigan

Breastfeeding support and information from experienced parents
Website: www.lalecheleagueofmichigan.org

Make Your Date Detroit

Program to help your baby arrive happily and healthily at your due date
Website: www.makeyourdate.org

Maternal Infant Health Program (MIHP)

Home visitation program for medicaid eligible mothers and infants
Website: www.michigan.gov/mihp
Email: MIHP@michigan.gov
Phone Number: 1-833-644-6447

Michigan Community Dental Clinic

Provides dental services to Medicaid enrollees and low-income, uninsured Michigan residents

Website: www.mydental.org
Phone Number: (877) 313-6232

Nurse Family Partnership

Home visits from a personal nurse to offer support and advice through your pregnancy until your baby is 2 years old

Website: www.nursefamilypartnership.org
Phone Number: (844) 637-6667

P.E.E.R.S. Breastfeeding and Doula Program

Breastfeeding and doula support
Phone Number: (313) 484-4425

Pregnancy Aid Detroit

Pregnancy tests, limited non-diagnostic ultrasounds, abortion information, and pregnancy options

Website: pregnancyaiddetroit.org
Email: info@pregnancyaid.com
Phone Number: (313) 882-1000

SAY Detroit Family Health Clinic

Examinations, maintenance, and preventative healthcare for women and children

Website: www.saydetroit.com/clinic
Phone Number: (313) 758-6100

SisterFriends

Gain access to over 100 programs in Detroit and create a circle of care
Phone Number: (313) 961-BABY

Southeast Michigan Doula Project

Doula services for low-income women and teens
Website: midoula.org

The Lennon Pregnancy Center

Pregnancy classes, ultrasounds, pregnancy tests, and continued support until child reaches age 5
Website: www.lennoncenter.org
Email: info@lennoncenter.org
Phone Number: (313) 758-6100

Tree of Hope

Several local postpartum depression, anxiety, and OCD support groups
Website: treeofhopefoundation.org
Email: info@treeofhopefoundation.org
Phone Number: (586) 372-6120

WIN Network: Detroit

Group prenatal care with extra time with your Midwife, resources, and one-on-one support from a Community Health Worker
Email: info@winnetworkdetroit.org
Phone Number: (313) 874-4581

Women, Infants, and Children (WIC) Program

Supplemental nutrition program that provides nutrition education and counseling, nutritious foods, breastfeeding support, and referrals
Email: dhealth@detroitmi.gov
Phone Number: (313) 876-4000



This document was created in collaboration between the University of Michigan School of Public Health and the WIN Network.

For questions, concerns, or more information, please reach out to WIN Network: Detroit using their provided contact information.

